



The Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

University of Missouri-Kansas City
Addiction Technology Transfer Center
National Office
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Networker

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The Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Unifying science, education and services to transform lives.

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CO-OCCURRING DISORDERS

A significant portion of this issue of The ATTC Networker is devoted to examining resources on co-occurring disorders. On the following pages, you'll find information about trainings, publications and online tools to enhance your treatment practices with this prevalent population.

A Recent SAMHSA Report to Congress Emphasizes Integrated Treatment for People With Co-Occurring Disorders

A December 2002 report to Congress developed by the Substance Abuse and Mental Health Services Administration (SAMHSA) indicates that there is an extensive number of people with co-occurring mental health and substance use disorders in the United States. It states:

- Co-occurring disorders have been estimated to affect from 7 to 10 million adult Americans in any one year.
- Forty-one to 65 percent of those with a lifetime substance abuse disorder also have a history of at least one mental disorder.
- About 51 percent of those with one or more lifetime mental disorder also have a history of at least one substance abuse disorder.

The report, entitled *A Report to Congress on the Prevention and Treatment of Co-Occurring Substance Abuse Disorders and Mental Disorders (SAMHSA's Congressional Report)*, emphasizes that people with co-occurring disorders can and do recover with appropriate treatment and support services.

Seven to ten million people in the U.S. have at least one mental disorder as well as an alcohol or drug use disorder.

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SAMHSA's Definition of Co-Occurring Disorders

In the document, *A Report to Congress on the Prevention and Treatment of Co-Occurring Substance Abuse Disorders and Mental Disorders*, SAMHSA defines people with co-occurring disorders as **“individuals who have at least one mental disorder as well as an alcohol or drug use disorder. While these disorders may interact differently in any one person . . . at least one disorder of each type can be diagnosed independently of the other.”**

The report also states, “Co-occurring disorders may include any combination of two or more substance abuse disorders and mental disorders identified in the Diagnostic and Statistical Manual of Mental Disorders-IV (DSM-IV). There are no specific combinations of . . . disorders that are defined uniquely as co-occurring disorders.”

Co-Occurring Disorders TIP to Be Released Soon

The Center for Substance Abuse Treatment (CSAT) is currently developing a Treatment Improvement Protocol (TIP) on co-occurring disorders.

This much anticipated publication, *Substance Abuse Treatment for Persons with Co-Occurring Disorders*, is expected to be released to the public later this year. It will provide state-of-the-art information to practitioners about the rapidly advancing field of co-occurring disorders.

Watch for information about the release of this document on CSAT's Web site at www.samhsa.gov/centers/csat2002.

Arizona PIC Develops Multiple Training Videos

The Arizona Practice Improvement Collaborative (AZPIC), with funding from SAMHSA's Center for Mental Health Services, has developed three training resources for treating people with co-occurring mental health and substance use disorders. Designed to be delivered in a group setting, these training modules include videos, pre- and post-tests, interactive exercises, handouts and continuing education credit.

The training modules were created as part of a statewide initiative to develop a comprehensive, integrated system of care for people

who have been dually diagnosed. They address how to recognize co-occurring disorders, creating integrated treatment services and medication management.

Additional co-occurring disorders training modules are in production and should be released during the summer of 2003. Topics for the new modules include relapse prevention and evidence-based group treatment strategies.

For more information or to order these resources, visit the AZPIC Web site at www.abhp.arizona.edu/azpic and click on “Co-Occurring Corner.”

Web Resources on Co-Occurring Disorders

National GAINS Center for People with Co-Occurring Disorders in the Justice System	www.gainsctr.com
Dual Diagnosis Recovery Network	www.dualdiagnosis.org
Dual Recovery Anonymous	draonline.org
Ken Minkoff, M.D. (A Leader in the Field of Co-Occurring Disorders Treatment)	www.kenminkoff.com
CSAT's Treatment Improvement Exchange: Dual Disorders	www.treatment.org/topics/dual.html

ATTC Web Site Provides Numerous Resources on Co-Occurring Disorders

The ATTC Network has developed many tools, trainings and online resources for practitioners who are treating people with co-occurring disorders. A few of the products available from the Network are highlighted below. In addition, a new section has been created on the ATTC Network Web site (www.nattc.org) that is dedicated to co-occurring disorders information and products.

Co-Occurring Disorders Curriculum

For practitioners working with clients who are dually diagnosed, the Prairielands ATTC (Prairielands) has developed a three credit hour graduate level course designed to familiarize students with counseling strategies, case management issues and community counseling approaches. This curriculum is currently being revised and will soon be available in shorter training modules and as an online course. For more information, contact Prairielands at 319-335-5368 or visit www.pattc.org.

A Collaborative Response: Addressing the Needs of Consumers with Co-Occurring Substance Use and Mental Health Disorders

For agencies working with clients who have co-occurring disorders, the Mid-America ATTC (Mid-America) has developed an eight session, 21 hour curriculum that is designed to promote cross-disciplinary understanding between mental health and addiction clinicians.

In its fourth edition, the curriculum gives front-line workers a voice in creating an integrated service system for clients with co-occurring disorders. For more information, contact Mid-America at 816-482-1100 or visit www.mattc.org.

Psychotherapeutic Medications 2003: What Every Counselor Should Know

The Mid-America ATTC has also developed a widely requested booklet which describes generic and brand name psychotherapeutic medications. It lists their purpose, usual dose and frequency, potential side effects, emergency conditions and cautions. This document is updated annually, and can be downloaded for free at www.mattc.org. You may call 816-482-1100 to purchase a copy.

Dual Diagnosed Treatment: A M.A.P. to Recovery

The ATTC of New England (New England) has developed a number of online courses relating to co-occurring disorders. *Dual Diagnosed Treatment: A M.A.P. (Motivation, Awareness and Practice) to Recovery* introduces specific treatment approaches representing integrated treatment for persons suffering from emotional and addictive disorders. The course explores key factors in the recovery process including methods for improving motivation, raising awareness levels and skills training.

In addition to this training, New England offers *Dual Diagnosed Treatment: A M.A.P. to Recovery – Advanced Practices*. This course expands upon information covered in the training described above. Specifically, participants examine the advantages of integrated treatment, explore best practices and discuss potential scenarios that could represent “treatment failure loops.” To obtain a course schedule, contact New England at 401-444-1808 or visit www.attc-ne.org.

The products listed above are only a sample of the co-occurring disorders resources available on the ATTC Network Web site at www.nattc.org.

Co-Occurring Disorders: Treating Substance Abuse and Mental Health Disorders Across the Lifespan

Long Beach, CA • June 2-3
310-641-7795 • www.psattc.org
Co-sponsored by Pacific Southwest ATTC

Visit the New **Co-Occurring Disorders Section** on the **ATTC Network Web Site** to Access Additional Resources and Trainings!
www.nattc.org

SAMHSA Report - from pg 1

“Too often people are treated only for one of the two disorders – if they receive treatment at all. . . . People with co-occurring disorders cannot separate their addiction from their mental illness, so they should not have to negotiate separate service delivery systems,” says SAMHSA Administrator Charles Curie.

SAMHSA’s Congressional Report outlines a five-year blueprint for action. “This report tells us that individuals with co-occurring disorders should be the expectation, not the exception in the substance abuse treatment and mental health service systems,” explains Department of Health and Human Services (HHS) Secretary Tommy Thompson. “The blueprint for action outlines how we will work in partnership with the states and local community providers to improve access to integrated services and find ways to pay for this care.”

The Five Year Recommendations Include:

- Creating a SAMHSA-funded State Incentive Grant to enhance state infrastructure
- Establishing a national technical assistance/cross-training center on co-occurring disorders
- Increasing federal agency collaboration within HHS to enhance research on the topic
- Increasing collaboration between SAMHSA and the Medicare and Medicaid systems
- Convening a national summit on co-occurring disorders to help states and communities share practices and lessons learned, discuss new initiatives and examine cross-funding opportunities

To view SAMHSA’s complete report, visit www.samhsa.gov/news/cl_congress2002.html.

NIMH Member Urges Agencies to Partner for Unified Treatment

SAMHSA and other federal organizations continue to stress the importance of agencies collaborating to create cohesive treatment approaches for people with co-occurring disorders. Ernest Márquez, director of the Office for Special Populations for the National Institute of Mental Health (NIMH) and a new ATTC Advisory Board Member, understands the value of these partnerships. “Co-occurring disorders often complicate research, diagnosis and treatment,” he explains. “Clients and families feel the effects of our fragmented systems. By working together, we can provide more comprehensive care in a timely manner.”

Through research in basic neuroscience, behavioral science and genetics, NIMH works to gain an understanding of the fundamental mechanisms underlying thought, emotion and behavior. They ultimately strive to understand what goes wrong in the brain during mental illness and to design effective treatments.

“The NIMH Office of Special Populations examines the health disparities of under-represented groups such as women and minorities. We then investigate how to deal with these disparities effectively,” Márquez continues. “Many of the special populations we look at have significant co-occurring mental health and addiction issues. I hope as an ATTC Advisory Board member I can act as a liaison for both fields and open a dialogue about how we conduct research to effectively treat these individuals.” To learn more about NIMH, visit www.nimh.nih.gov.

Co-Occurring Dialogues Electronic Discussion List

This resource is a CSAT-sponsored online communication forum for topics relating to co-occurring disorders. Access the list at www.treatment.org/topics/dualdialogues.html.

Counselor Reflections



Joy Brakel

Nua Internet Surveys estimates that there are currently more than 605.6 million people using the Internet worldwide. In 2001, the ATTC Network offered more than 70 distance learning opportunities with the ATTC of New England (New England) leading the way in online training. Joy Brakel, LCSW, LADC, knows the value of New England's online program.

"Over the last few years, I have taken nine online courses from New England. I have participated in classes on everything from dual diagnosis to Post-Traumatic Stress Disorder. They have really helped me get up to speed."

Brakel is a psychiatric unit clinical coordinator in social services with the Aroostook Medical Center in Fort Fairfield, Maine. She provides individual, group and family counseling to inpatient clients. Brakel also serves as a clinical consultant for the Northern Maine General Hospital (NMGH) in Eagle Lake, Maine. At NMGH, she provides supervision and clinical consultation to counselors working with adolescent males. In both capacities, Brakel uses her expertise in the mental health and substance abuse treatment fields to help clients who are dually diagnosed.

Brakel first became interested in co-occurring disorders when she was providing mental health treatment services to clients in a hospital setting. "I quickly became aware of how many people with mental health issues also have co-occurring addictions problems. This really sparked my interest in learning more about addictions." She later pursued additional education in this area, and is now a licensed clinical social worker and a licensed alcohol and drug counselor.

New England's online classes have enhanced Brakel's professional foundation. She continues, "I have a much more diverse approach in dealing with clients since participating in ATTC classes. I understand how important it is to integrate services for clients with co-occurring disorders."

When asked about the pros and cons of taking classes online, Brakel responds, "The Internet allows me to learn as I have time. It is much less restrictive. I still attend workshops and conferences,

but the online program allows me to expand my knowledge on a more continual basis.

I also love getting updates on new classes in my e-mail so I don't have to go looking for the information. It makes it really easy to decide what I want to take."

In May 2002, Brakel was co-recipient of the Social Worker of the Year award for 2001 by the Maine Chapter of the National Association of Social Workers. She and two peers were honored for their work in developing and getting passed into law new enhanced legislation on the educational requirements of social workers in Maine. At the end of September 2003, all new licensed social worker applicants will need to have a bachelor's degree in social work, social welfare, or have graduated from a program in candidacy with the Council on Social Work Education.

Brakel was surprised by this honor. "Over the past five years, it took significant networking to gain support for the amendment and countless hours to simply learn the legislative process. My colleagues and I were honored to have received this recognition by our peers."

When asked about her professional future, Brakel notes, "I know I will always be learning and providing direct services to clients. I love what I do, and hope my interventions make a difference in the lives of the people I see." To learn more about New England's online program, visit www.atcc-ne.org or call 401-444-1808.

"The Internet allows me to learn as I have time.

It is much less restrictive.

I still attend workshops and conferences, but the (ATTC) online program allows me to expand my knowledge on a more continual basis."

- Joy Brakel

Upcoming Distance Learning Courses from the ATTC of New England

- May 5 A System for Supervision Practice (Clinical Supervision)
- May 19 [Substance Abuse Among the Elderly](#)
- June 2 Relapse Prevention: The Technology of Behavioral Change
- June 16 [Problem and Compulsive Gambling](#)
- July 7 Battered Women and Addictions
- July 21 [Simply Being: The Appropriate Use of Self in the Therapeutic Relationship with Addicted Adults](#)

Networker SPOTLIGHT

Great Lakes ATTC Tackles Stigma

“It is time that those concerned about alcohol and other drug problems again became students of stigma. We need to understand the forces that initiate and sustain stigma. We need to learn how stigma operates at cultural, institutional, interpersonal and personal levels. And we need to learn the antidotes to stigma — antidotes that can work at these same levels.”

Foreword to *Healing the Stigma of Addiction: A Guide for Treatment Professionals* (a publication of the Great Lakes ATTC) by William White, senior research consultant at Chestnut Health Systems and author of *Slaying the Dragon: The History of Addiction Treatment and Recovery in America*.

For more information about the Great Lakes ATTC, call 312-996-1373 or visit their Web site at www.glattc.org.

Stigma is often a hidden, toxic condition that works to paralyze those in recovery, their families and the practitioners who treat them. In the fall of 2001, the Great Lakes ATTC (Great Lakes) released a benchmark document, *Healing the Stigma of Addiction: A Guide for Treatment Professionals* (*Healing the Stigma of Addiction*). This self-study workbook provides information and exercises that help readers reach a better understanding of stigma, heal the effects of stigma and explore options for reducing stigma in society.

In a foreword for the document, William White, senior research consultant at Chestnut Health Systems and renowned author, states, “Addiction is a potentially lethal disorder, but that lethality is dramatically amplified by the social stigma attached to the disorder. Stigma’s greatest enemy is knowledge. *Healing the Stigma of Addiction* will help open the doorway to such knowledge. It is time we all walked through that doorway.”

“This project began as a workshop and evolved into something much larger,” explains Lonnetta Albright, director of Great Lakes. “As we worked and discussed the project we discovered that practitioners needed something much more than just a history of stigma. They needed technology

transfer activities to help them apply strategies to understand and reduce stigma in their own work and lives. This guide gives them those activities.”

In the initial stages of this project, Great Lakes staff convened a consensus panel that included researchers, clinicians and educators. Their primary partners were Recovery Communities United and the Southeast ATTC. They also sought guidance from members of the Center for Substance Abuse Treatment’s stigma panel working on *Changing the Conversation: A National Plan to Improve Substance Abuse Treatment* (*National Treatment Plan*). “Working with leaders in the field who understand how crippling stigma is gave us permission to talk about stigma directly. They helped connect the dots between this document and the National Treatment Plan,” continues Albright.

Pamela Woll, author of *Healing the Stigma of Addiction* and a Great Lakes consultant, explains, “Stigma exists to divide people and to divide us as a field. We hope this document and the other stigma-reduction efforts taking place around the country will create greater unity.”



Great Lakes ATTC Staff (from left to right):

Seated:

Daphne Baille, Melody Heaps, Lonnetta Albright (Director), Nathan Linsk (Principal Investigator), Linda Nicholas

Standing:

Thea Tate, Joseph Rosenfeld, Tiffany Kilpatrick, Pamela Woll

Since its release the document has been well received. Great Lakes has distributed approximately 500 copies, and several universities are using it in their addiction-related coursework. In addition, Great Lakes staff frequently present information from the guide around the country.

The workbook is available for a \$10 printing fee, plus shipping costs. For those who complete the stigma workbook and send in the required exercises, eight CEUs are available from the Illinois Alcohol and Other Drug Abuse Professional Certification Association.

Other stigma-related materials from Great Lakes include: half- and full-day workshops, presenter materials for those who would like to present on stigma themselves and technical assistance to groups or states wanting to tackle stigma in their own areas.

Great Lakes staff are producing additional stigma-related materials as well. "The first workbook focuses on understanding stigma and addressing it in society through public education," says Woll. "Now we are developing a workshop on addressing stigma within the treatment setting."

In addition, they have developed an academic course that will be offered in the fall of 2003 at Governor's State University in University Park, Illinois. They also plan to develop a second self-study guide, a training-of-trainers and an online course. To learn more, call 312-996-1373 or visit www.glattc.org.

More About Great Lakes . . .

The Great Lakes ATTC (Great Lakes) is based at the Jane Addams College of Social Work at the University of Illinois in Chicago. Great Lakes staff provide leadership for a five-state area (Illinois, Indiana, Michigan, Ohio and Wisconsin) to ensure that addiction treatment services are soundly based on the most recent and valid research findings. Great Lakes staff are working to:

1. increase the number of qualified, culturally competent professionals and educators in the field
2. institute unified standards for credentialing and knowledge dissemination
3. integrate research-based strategies and interventions into clinical practice
4. promote evidence-based guidelines regarding effective screening and intervention
5. reduce barriers relating to stigma
6. improve cross-disciplinary approaches

Substance Abuse Web Resources

AIDSinfo from the Department of Health and Human Services	www.aidsinfo.nih.gov
DemandTreatment!	www.jointogether.org/sa/action/dt
Neuroscience for Kids from the University of Washington	faculty.washington.edu/chudler/introb.html
Prevent Child Abuse America	www.preventchildabuse.org
United Nations Office on Drugs and Crime	www.unodc.org
Substance Abuse & Mental Health Services Administration (SAMHSA)	www.samhsa.gov
Center for Substance Abuse Treatment (CSAT)	www.samhsa.gov/centers/csat2002
Center for Substance Abuse Prevention (CSAP)	www.samhsa.gov/centers/csap/csap.html
Center for Mental Health Services (CMHS)	www.samhsa.gov/centers/cmhs/cmhs.html
National Institute on Alcohol Abuse and Alcoholism	www.niaaa.nih.gov
National Institute on Drug Abuse	www.nida.nih.gov

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Alcohol Consumption & Intimate Partner Violence

Each month the ATTC highlights research from the journal *Alcoholism: Clinical and Experimental Research*, the official journal of the Research Society on Alcoholism. The article below was written based on the following published research: Caetano, R., Schafer, J., Fals-Stewart, W., O'Farrell, T., Miller, B. (February 2003). *Intimate partner violence and drinking: New research on methodological issues, stability and change, and treatment*. *Alcoholism: Clinical and Experimental Research*, 27(2), 292-300.

Researchers who specialize in the association between drinking and domestic violence have found a number of important factors relating to these issues. Their findings, presented at a joint symposium for the Research Society on Alcoholism and the International Society for Biomedical Research on Alcoholism, were published in the February issue of *Alcoholism: Clinical and Experimental Research (ACER)*.

"The association between domestic violence and drinking has been recognized for quite some time," explains Raul Caetano, professor of epidemiology and assistant dean at the University of Texas School of Public Health, and corresponding author for the ACER manuscript. "Many of those who are involved in intimate partner violence (IPV) are drinking during the event or have been diagnosed as alcoholic. However, there is still discussion about the nature of the link between alcohol and violence. Some think, it is due to the disinhibiting effect of alcohol, which triggers a disinhibition of aggressive tendencies. Some think that the link between alcohol and violence is due to their association with a third factor such as a personality disorder."

Understanding the association between alcohol and IPV, says Caetano, is fundamental to providing effective prevention and treatment interventions. Below are some of the key findings presented at the symposium.

- Alcohol researchers have thus far neglected to focus on agreement between couples who report partner violence and alcohol-related partner violence. New evidence shows that this agreement is low, due to differences in both memory and perception of the dispute.
- For couples in which male partners have a fairly recent history of perpetrating IPV, drinking – particularly heavy drinking –

by male partners is a highly significant risk factor for the recurrence of aggression.

- Analysis of national data shows that prevalence and incidence of IPV are higher among blacks and Hispanics than whites.

"The symposium proceedings have multiple applications," notes Caetano. "Investigators need to . . . make sure that they have information from both members of the couple. We can see that techniques for treatment do exist that are effective in reducing domestic violence in alcoholics and perhaps also for other individuals. It is also important to note that this type of violence seems, unfortunately, to affect minorities more than whites, and resources from prevention and treatment should be distributed in accordance with this higher risk."

To view the complete article, visit the ATTC Network Web site at www.nattc.org and click on the "Addiction Science Made Easy" link.

The Change Book

A Blueprint for Technology Transfer



"Thank you for helping structure my thinking, and providing an invaluable tool for my everyday work."

- Treatment Center Director

The Change Book: A Blueprint for Technology Transfer is earning widespread acclaim for its innovative approach to implementing change. Using case study examples to demonstrate the method, this step-by-step guide shows you how to implement change strategies within your agency. See for yourself why so many people are using *The Change Book*. **Receive a FREE copy by filling out the survey on page 11.**

"We can see that techniques for treatment do exist that are effective in reducing domestic violence in alcoholics and perhaps also for other individuals.

. . . This type of violence seems . . . to affect minorities more than whites, and resources . . . should be distributed in accordance with this higher risk."

- Raul Caetano

Upcoming Events

School on Addictions: Serving the Whole Person

May 5-7 • Anchorage, AK
907-770-2927

Co-sponsored by Northwest
Frontier ATTC

Alcohol- and Other Drug-Related Birth Defects Awareness Week

May 11-17 • Sponsored by the
National Council on Alcoholism and
Drug Dependence • www.ncadd.org

Idaho Conference on Alcohol and Drug Dependency: Perspectives in Recovery

May 12-15 • Boise, ID
www.nta-yes.com
Co-sponsored by Northwest
Frontier ATTC

National Association of Drug Court Professionals Annual Conference

May 14-17 • Reno, NV
703-575-9400 • www.nadcp.org

Tennessee Advanced School on Addictions

May 25-30 • Nashville, TN
615-741-8520 • [www2.state.tn.us/
health/summit/index.html](http://www2.state.tn.us/health/summit/index.html)
Co-sponsored by Central East ATTC

Missouri Department of Mental Health Spring Training Institute

May 28-30 • Osage Beach, MO
573-751-4942 • [www.modmh.state.
mo.us/ada/events/springtrain.htm](http://www.modmh.state.mo.us/ada/events/springtrain.htm)
Co-sponsored by Mid-America ATTC

Maryland Summer Training Sessions

June 9-12, July 14-17
Salisbury, MD • 410-402-8585
Co-sponsored by Central East ATTC

MidSOUTH Summer School on Alcohol and Other Drug Abuse

June 9-13 • Little Rock, AR
501-569-8459 • [www.midsouth.ualr.
edu/News/SummerSchool2003.pdf](http://www.midsouth.ualr.edu/News/SummerSchool2003.pdf)
Co-sponsored by Mid-America ATTC

New England School of Addiction Studies

June 9-13 • Bristol, RI
207-621-2549 • www.neias.org
Co-sponsored by ATTC of New
England

National HIV Testing Day

June 27 • National Association of
People with AIDS • www.napwa.org

New England School of Treatment for Opioid Dependence

July 7-11 • Newport, RI
207-621-2549 • www.neias.org
Co-sponsored by ATTC
of New England

Washington DC 2003 Summer Institute

July 13-16 • Washington, DC
240-645-1145 • www.ceattc.org
Sponsored by Central East ATTC

Kentucky School of Alcohol and Other Drug Studies

July 21-25 • Highland Heights, KY
502-564-3487
Co-sponsored by Central East ATTC

Virginia Summer Institute for Addiction Studies

July 21-25 • Williamsburg, VA
804-828-9910 • www.mid-attc.org
Co-sponsored by Mid-Atlantic ATTC

Substance Abuse Summer Institute

July 23-25 • Sedona, AZ
310-312-0500 • www.psattc.org
Co-sponsored by Pacific
Southwest ATTC

South Carolina School of Alcohol and Other Drug Studies

July 27-August 1 • Greenville, SC
803-896-5561
Co-sponsored by Southeast ATTC

Washington State Treatment Institute

July 28-30 • Seattle, WA
877-301-4557
www1.dshs.wa.gov/dasa
Co-sponsored by Northwest
Frontier ATTC

Delaware Summer Institute on Substance Abuse and Mental Health

July 28-August 1 • Newark, DE
302-255-9480
Co-sponsored by Central East ATTC

Summer Institute for Addiction and Prevention Studies

July 28-August 1 • Reno, NV
1-866-617-2818 • www.unr.edu/casat
Co-sponsored by Mountain West ATTC

North Carolina Summer School for Alcohol and Drug Studies

July 29-August 2 • Wilmington, NC
910-962-3546
Co-sponsored by Mid-Atlantic ATTC

Northwest Institute of Addiction Studies

July 31-August 3 • Portland, OR
503-295-7954 • www.nfattc.org
Co-sponsored by Northwest Frontier

Southeastern School of Alcohol and Other Drug Studies

August 17-22 • Athens, GA
404-756-5742
Co-sponsored by Southeast ATTC

American Probation and Parole Association Annual Training Institute

August 24-27 • Cleveland, OH
859-244-8203 • www.appa-net.org

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The ATTC Networker

is a publication of the ATTC Network designed to deliver information about ATTC projects and the substance abuse treatment field.

The ATTC Network serves all 50 states, the District of Columbia, the Pacific Islands, Puerto Rico and the U.S. Virgin Islands.

Direct comments regarding this publication to Angie Olson, editor at olsona@nattc.org or call 816-482-1155.

Online Resources Help People Cope With Stresses of War, Terrorism & Trauma

We all share concerns about the dangers of war and the increased threat of terrorism. The resources listed below provide tips on helping adults and children appropriately address war- and trauma-related stress.

Articles on Resilience in a Time of War

American Psychological Association
www.helping.apa.org/resilience/war.html

Tips for Dealing with Tragedy

American Counseling Association
www.counseling.org/resources/9-11_OneYearLater.htm

Facing Fear - A Curriculum

American Red Cross
www.redcross.org

Memorial Activities Related to War, Terrorism or Other Large-Scale Trauma

National Association of School Psychologists
www.nasponline.org/NEAT/memorials_war.html

ATTC Provides Free, Monthly E-Magazine

Eye on the Field, a monthly electronic magazine (e-zine) compiled by the ATTC Network features “hot topics” in the addiction treatment field including new research, grant and funding opportunities, Spanish resources, national events and links.

Anyone with e-mail can subscribe to *Eye the Field* for free. Each month, you’ll receive the publication as an e-mail. Simply click on links in the table of contents to access the resources and articles that are highlighted.

To subscribe, visit www.nattc.org. To have something highlighted in this publication, contact the ATTC National Office at 816-482-1200 or no@nattc.org.

ATTC Web Site Highlights Distance Education in U.S.

www.AddictionEd.org

The number of students enrolled in distance education is expected to top 2.2 million this year. The convenience in participating in online training from one’s home or office is appealing to many busy professionals. To help serve these practitioners, the ATTC has developed a Web site to be a “central reference” for addiction-related distance learning opportunities around the country.

Educational institutions are encouraged to post their courses on the site free of charge. For inclusion, staff need only answer a few questions to receive approval and then post information.

Whether you are looking for a convenient way to learn, or your organization has addiction-related distance learning opportunities – this site can help. Visit www.AddictionEd.org for more information.



Buprenorphine Physician Locator Is Now Available Online from SAMHSA

The Substance Abuse and Mental Health Services Administration (SAMHSA) recently announced that persons seeking physicians able to prescribe buprenorphine can obtain information online at www.buprenorphine.samhsa.gov.

Buprenorphine is a new prescription medication designed to treat addiction to prescription pain relievers or heroin. SAMHSA is working with a number of national medical organizations to sponsor physician training on the use of buprenorphine in office-based settings. Physicians who obtain credentials from SAMHSA can treat their patients using buprenorphine.

The online directory will be updated daily. Physicians seeking information on how to receive training and become credentialed should call 1-866-287-2728.

ATTC Networker Survey

Complete the survey below and we'll send you a FREE copy of *The Change Book: A Blueprint for Technology Transfer*. (See the ad on page 8 to learn more about *The Change Book*.) You may also complete this survey online at www.nattc.org.

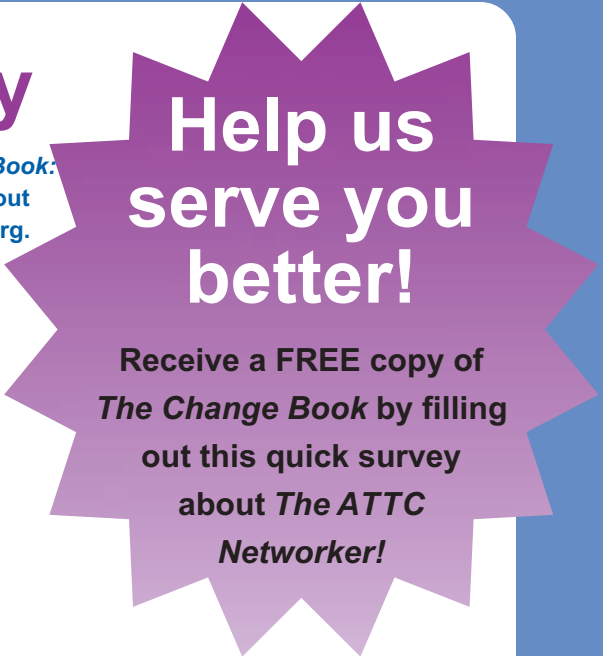
- How valuable do you find *The ATTC Networker* publication to be?
 Very valuable
 Somewhat valuable
 Not valuable
 No opinion
- Is the material presented in *The ATTC Networker* useful to you in your job?
 yes no
- Do you share *The ATTC Networker* with colleagues?
 yes no
If yes, how many? _____
- Would you recommend *The ATTC Networker* to a colleague?
 yes no
- What do you like most about *The ATTC Networker*?

- What topics/types of information would you like to see in future issues of *The ATTC Networker*?

- Do you have Internet access at work?
 yes no
- Do you have Internet access at home?
 yes no
- If yes, how do you use the Internet in your work?

- Are you Hispanic or Latino/a?
 yes no
- What is your race?
(Please check all that apply.)
 Black or African American
 Alaska Native
 Asian
 American Indian
 White
 Native Hawaiian or other Pacific Islander

- What is your gender?
 Male Female
- What is the highest educational level you have completed?
 No high school diploma or equivalent
 High school diploma or equivalent
 Some college, no degree
 Associate's degree
 Bachelor's degree
 Master's degree
 Doctoral degree or equivalent
 Other - specify _____
- Which title best describes your discipline/profession?
(Please check all that apply.)
 Addictions counselor
 Other counseling
 Social work/human services
 Administration
 Vocational rehabilitation
 Education
 Medicine - primary care
 Physician assistant
 Nurse/nurse practitioner
 Medicine - psychiatry
 Medicine - other _____
 Psychology
 Criminal justice
 None - student
 None - unemployed
 Other - specify _____



- Are you currently certified in the field of addictions?
 yes no
- How many years have you worked in addictions? _____
 I don't work in addictions.
- What is your primary work setting?
(Please check all that apply.)
 Substance abuse treatment agency
 Inpatient facility
 Outpatient facility
 Outreach
 Educational institution
 Community mental health center
 Residential facility
 Health/community health agency
 Criminal justice
 Private practice
 Student
 Government
 Other - specify _____

THANK YOU FOR COMPLETING OUR SURVEY!

Please fill out the form below to receive your FREE copy of *The Change Book* and/or to be added to our mail list.

Name: _____ E-mail address: _____

Address: _____

City: _____ State: _____ ZIP: _____

- I don't currently receive *The ATTC Networker*, but please add me to your mail list so I can begin receiving this free publication.
- Please sign me up for the free monthly ATTC electronic magazine, *Eye on the Field*. (You'll receive this publication in your e-mail. See page 10 to learn more.)

Please mail this form in the postage paid envelope attached to the middle of this publication. You may also complete this survey online at www.nattc.org.