



## **Effectiveness of Fertility Awareness-Based Methods (FABMs) for Pregnancy Prevention On-line Course**

### **Successful Completion**

This presentation offers 0.75 contact hour. To receive contact hours, participants must complete the online evaluation and request for credit form and complete the course with a satisfactory grade of 80% or higher on all module quizzes. CNE and Certificates of Completion are available immediately for electronic download upon satisfactory completion of the course. CHES certificates will be emailed within 4 weeks of submitting the evaluation.

### **Objectives**

1. By the end of this presentation, participants will be able to understand the advantages and disadvantages of various study designs for estimating the effectiveness of FABMs for pregnancy prevention.
2. By the end of this presentation, participants will be able to summarize the best available data from retrospective surveys and also from prospective studies on FABM effectiveness for pregnancy prevention.

### **Conflict of Interest:**

In accordance with continuing education guidelines, the speaker and planning committee members have disclosed commercial interests/financial relationships with companies whose products or services may be discussed during this program.

Speakers: Dr. Chelsea Polis has nothing to disclose. Dr. Rachel Peragallo Urrutia conducts clinical work for KNDR Healthcare (Resolved).

Planning Committee: Sharon Colbert, Angela Bolen, Viannella Halsall, and Kimberly Carlson have nothing to disclose. Jacki Witt serves on the advisory panel for Afaxys (Resolved).

### **Commercial Support**

There is no commercial support for this program.

### **Non-Endorsement of Products:**

The University of Missouri-Kansas City School of Nursing and Health Studies, and the ANCC do not approve or endorse any commercial products associated with this activity.

**Enduring Materials** – Contact hours will be awarded for this program through December 31, 2019.

### **Nursing**

*The University of Missouri-Kansas City School of Nursing Continuing Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*

*This presentation offers 0.75 contact hour for nurses.*

### **Health Education CHES**

*Sponsored by University of Missouri-Kansas City School of Nursing and Health Studies, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) to receive up to total 0.75 Category I continuing education contact hours for this course.*

Contact Angela Bolen at [bolena@umkc.edu](mailto:bolena@umkc.edu) or 816-235-6611 if you have questions regarding continuing education credit.