



**Understanding and counseling potential users on Fertility Awareness-Based Methods (FABMs)
for pregnancy prevention
On-line Course**

Successful Completion

This presentation offers 1 contact hour. To receive contact hours, participants must complete the online evaluation and request for credit form and complete the course with a satisfactory grade of 80% or higher on all module quizzes. CNE and Certificates of Completion are available immediately for electronic download upon satisfactory completion of the course. CHES certificates will be emailed within 4 weeks of submitting the evaluation.

Objectives

- Describe the nomenclature around and types of fertility awareness based methods (FABMs) for pregnancy prevention, including app-based methods
- Name various biomarkers used in the practice of FABMs
- Apply counseling skills for individuals interested in FABMs, including understanding which types of FABM may be most appropriate for various types of clients

Conflict of Interest:

In accordance with continuing education guidelines, the speaker and planning committee members have disclosed commercial interests/financial relationships with companies whose products or services may be discussed during this program.

Speakers: Dr. Chelsea Polis has nothing to disclose. Dr. Rachel Peragallo Urrutia conducts clinical work for KNDR Healthcare (Resolved).

Planning Committee: Sharon Colbert, Angela Bolen, Viannella Halsall, and Kimberly Carlson have nothing to disclose. Jacki Witt serves on the advisory panel for Afaxys (Resolved).

Commercial Support

There is no commercial support for this program.

Non-Endorsement of Products:

The University of Missouri-Kansas City School of Nursing and Health Studies, and the ANCC do not approve or endorse any commercial products associated with this activity.

Enduring Materials – Contact hours will be awarded for this program through December 31, 2019.

Nursing

The University of Missouri-Kansas City School of Nursing Continuing Nursing and Health Studies is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This presentation offers 1 contact hour for nurses.

Health Education CHES

Sponsored by University of Missouri-Kansas City School of Nursing and Health Studies, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) to receive up to total 1 Category I continuing education contact hours for this course.

Contact Angela Bolen at bolena@umkc.edu or 816-235-6611 if you have questions regarding continuing education credit.